By Gary Andrews
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Recently a friend of mine stood up at prayer meeting on a Wednesday night and sang the song, “One Day at a Time”. I have heard this song many times before but this night it really had a special meaning and everyone in attendance could feel the presence of the Lord as the lady sang.

Her sincerity and attention that she gave each word, each phrase, and each verse was so well voiced that most everyone in the audience had tears rolling down their cheeks. She was overjoyed with the fact that 20 years had passed since her aneurism had burst in her head and she was alive today to tell how gracious and how good God is. She also told of His love and His power of healing.

So many of us in today’s society take for granted how good or guarded our health is. We hardly ever stop to thank God for what He has given us and how He had taken us through so many trials and tribulations. Most of us get on our knees and beg Him to take care of us when nothing seems to be working and He is our last hope.

Why is it always this way? Most of us realize that we just didn’t evolve but was created through God’s loving care; however we will almost never talk with Him unless we are in dire straits. Most of us live in this hurry up world and never slow down enough to thank God for the day He has given us. Most of us never stop to thank Him for the food we have, the water, much less the beauty of His creation that is all around.

“One day at a time, Sweet Jesus,” a song written by Marijohn Wilkins and Kris Kristofferson, recorded by over 200 artists, tells us exactly who we are and what we should be doing. The chorus of this song says, “One day at a time sweet Jesus, that’s all I’m asking from you, just give me the strength to do every day what I have to do, yesterday’s gone sweet Jesus and tomorrow may never be mine, Lord help me today, show me the way, one day at a time.”

For over 20 years my friend has taken this song to heart and literally takes one day at a time. Until we all face the realization that tomorrow may never come we will never experience the full joy that today has in store for us. Have you talked with God today?

Prayer: Father thank you for another day of life. Thank you for the many blessings you have given me and I pray that you will guide me in all that I do. Amen.

(Suggested daily Bible readings: Sunday – Psalm 92:1-8; Monday – Isaiah 33:2; Tuesday – Ecclesiastes 9:3-4; Wednesday – Colossians 1:1-6; Thursday – 1 Thessalonians 4:11-12; Friday – Deuteronomy 10:12-13; Saturday – Ephesians 5:15-16.)

Gary Andrews is the author of Encouraging Words: 30-days in God’s Word. To obtain a copy go to his website www.gadevotionals.com.