Four years ago, U.S. Sen. George Mitchell released a report about anabolic steroids and Human Growth Hermone (HGH) in Major League Baseball.

Today, there's a new Mitchell Report to read. Only this one isn't a one time deal.

From here on instead of just using my name, we'll just be calling this space The Mitchell Report.

The idea to come up with a name for my column came from my editor, Jason Patterson, who suggested I come up with one because I generally have a column in each issue (I like to give my opinion, even when it's not needed).

Great idea. Only problem was picking a name, which turned out to be tougher than I thought. I didn't want something too corny and unoriginal, like Taylor's Take. The name had to be something original.

So, where did I come up with The Mitchell Report?

Baseball fans should know instantly where I came up with it. If you didn't, I briefly explained it in the opening paragraph.

The original Mitchell Report capped off one of the darker periods in baseball history. Performance-enhancing drugs were being used by nearly every player that took a step inside a professional locker room. People were hitting 60 plus home runs in their 30's and throwing 98 m.p.h. fastballs past 40. That report shed a light on what had been going on for over a decade. It was controversial, but it was also helpful.

I tend to be more controvrsial, but I'm also helpful.

It's a perfect fit.

Don't like the name or have a better idea? E-mail me your suggestion at taylor@yazooherald.net.